**Drawing and Talking Practitioner**

CPD Recording Sheet

“CPD is the holistic commitment of professionals towards the enhancement of personal skills and proficiency throughout their careers.”

**What is Continuing Professional Development (CPD)?**

CPD stands for Continuing Professional Development (CPD) and is the term used to describe the learning activities professionals engage in to develop and enhance their abilities. It enables learning to become conscious and proactive, rather than passive and reactive.

CPD combines different methodologies to learning, such as training workshops, conferences and events, e-learning programs, best practice techniques and ideas sharing, all focused for an individual to improve and have effective professional development. There are over 1000 institutes & professional bodies across the UK, a number that is forecast to increase.

Engaging in Continuing Professional Development ensures that both academic and practical qualifications do not become out-dated or obsolete; allowing individuals to continually ‘up skill’ or ‘re-skill’ themselves, regardless of occupation, age or educational level.

**Types of CPD?** (For more information: [www.hcpc-uk.org/cpd/your-cpd/cpd-activities](http://www.hcpc-uk.org/cpd/your-cpd/cpd-activities))

* **Work-based learning.** *For example, reflecting on experiences at work, considering feedback from service users or being a member of a committee.*
* **Professional activity.** *For example, being involved in a professional body or giving a presentation at a conference.*
* **Formal education.** *For example, going on formal courses or carrying out research.*
* **Self-directed learning.** *For example, reading articles or books.*

**Verifiable CPD vs General CPD?**

The CPD Certification Service ([www.cpduk.co.uk](http://www.cpduk.co.uk)) is the professional body that can award ‘Verifiable CPD’ and you can recognise them by their logo. Any activity that you undertake that is verified by the CPD Certification Service (e.g. Drawing and Talking Training) can count towards verifiable CPD. Any other type of learning, development or growth (as mentioned above) counts towards General CPD.

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CPD Recording Sheet

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| --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Course/Activity** | **What did you learn?** | **How will you use what you learned?** | **Further CPD required for this area?** | **Verifiable CPD Hours** | **General CPD Hours** |
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