

An end-to-end platform purpose-built for a whole school approach to mental health and wellbeing





# **CEO Forward**

In the Summer of 2022 the DfE conducted user research engaging over 500 senior mental health leads and were told that further practical support is needed to help them to achieve change and sustain effective practice in their setting.

Specifically, they heard that senior mental health leads need easier access to evidence-informed resources, information and training that further supports them to improve their settings approach across the 8 core principles of a whole school or college approach whilst being able to direct staff to valuable training and resources from varying suppliers.

We thought about this, and so we built it for you!

The team behind Mental Health Hub have trained, coached, and listened to over 40,000 school and mental health professionals in the UK over the last 20 years.

Because of our frontline experience working with schools and colleges, we are in a unique position to understand the day to day challenges of running schools and colleges, and what it takes to provide safe, calm and supportive learning environments, whilst ensuing inclusive and accessible pastoral and specialist support, helping children and young people to fulfil their potential.

I am excited to send you this brochure and hope you join us in building a valuable and useful hub that works together to ensure best practice and better outcomes.

We look forward to working with you.

**Catherine Beagley** CEO

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# Welcome to the Mental Health Hub

The future of mental health and well-being in schools and colleges; one hub, empowering the nations educators.

We understand that every school and college have unique needs and goals for their community when it comes to mental health and wellbeing.

Every school and college deserve access to powerful tools, coaching and resources in order to grow and sustain a proactive approach to mental health and wellbeing.

Our mission has been to create a one-stop-shop that hosts a comprehensive range of practical tools and resources, helping schools and colleges quickly assess and identify which products most closely meet their specific needs. We collaborate with industry leaders to ensure best practice and that you have freedom to choose.

That's why we provide every school and college access to the Mental Health Hub – FOR FREE!

> DfE accredited and approved.





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# Why is the hub so important?

By joining the hub we are working together to identify trends and insights crucial for shaping policies that improve children and young people's mental health on a national scale.

### Your school has a voice

By your school utilising The Mental Health Hub, you are facilitating the gathering of aggregated data that becomes the foundation for producing national reports, and supporting each other to achieve change whilst sustaining effective practice in your settings.

With new tools and resources emerging regularly, The Mental Health Hub remains dynamic. We have ensured functionality for users to feedback on the usefulness of resources and tools to help others make informed decisions over which to access.



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# () Mental Health Hub



# Spending your time on what matters

By understanding the real life pressures and requirements being ask of you to support the emotional and social wellbeing for your community, the Mental Health Hub has developed a national platform for the resources your need in one place.

### Free Access to Valuable Resources

We provide you with the tools you need to succeed.

- Ongoing measurement and assessments for pupils and staff
- Scheduling and intervention management
- Training/CPD via dedicated LMS
- Up-to-date research and reports

Save valuable time. Reach outcomes fast.





# A flagship product delivered for FREE

Discover CORDS – built to give you more insight, visibility and confidence over delivering a whole school approach to mental health and wellbeing.

## Access leading wellbeing questionnaires and surveys

Monitoring the social and emotional needs of your entire community can often seem overwhelming, yet it is vital to the wellbeing of our school communities.

CORDS includes the most commonly used mental health questionnaire and surveys used by schools and LEA's. By measuring and reporting of your entire school population, not just individuals, you have the flexibility of sending assessments to all staff, students, parents and carers with 'responses' delivered straight to your dashboard.

Save time, score your entire school population in under an hour.



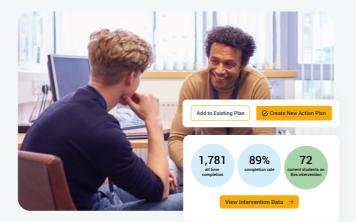
DEPARTMINET	COMPLETED SDQ	% OF TOTAL COMPLETED
Year 7	43	35%
Year 8	24	21%
Year 9	17	15%
Year 10	14	12%
Year 11	11	10%
	Year 7 Year 8 Year 9 Year 10	Year 7 43   Year 8 24   Year 9 17   Year 10 14

# Connect and match the right interventions based on outcomes

CORDS consistently analyses national data to recommend the most appropriate or effective activities, therapies and interventions for each pupil that are likely to produce the best outcomes given the child's individual needs.

# **Evidence a Pro Active Approach**

We encourage schools and colleges to commit to assessing all pupils and staff a minimum of twice a year. By doing this you gain better insight and understanding of what is working and where you can improve provision. Using CORDS action planning and pathway mapping you are able to produce reports, link emails and documents to and from other agencies, and track your outcomes in one organised place.



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# Secure data migration and mapping

Move and map your data directly from your MIS directly into CORDS. We have ensured your data is transferred safely by working with WONDE. No data is transferred without authority from you. From then on, all data is encrypted and held in our secure platform.









# **Advanced Membership – Priorities: In Practice**

An annual membership designed exclusively for senior leaders who are committed to embedding a long-term strategy approach to mental health and wellbeing.

PRIORITIES: IN PRACTICE £999+VAT

PER ANNUM (DFE Accredited SMHL Training)



# Why choose 'Priorities: In Practice'?

We offer more than just the numbers... No matter the size of your school, the complexity of need, or the stage you are at of implementing a whole school approach to mental health and wellbeing, educators are always striving to improve child outcomes.

Priorities in Practice Membership provides the products, resources and training to develop a comprehensive, five-year strategic plan. This plan is tailored to your institution's unique setting, ensuring that your approach to mental health is not just effective but sustainable.

The team behind Mental Health Hub have trained, coached, and listened to over 40,000 school and mental health professionals in the UK over the last 20 years. Because of our frontline experience working with schools and colleges, we are in a unique position where we understand the day-to-day running and what it takes to balance curriculum whilst ensuring you prove you are meeting emotional needs of your students and staff.





The Mental Health Hub believes that analysis and understanding of data from your setting is vital, but not for just reporting's sake. Our commitment to schools and colleges who choose 'Priorities: In Practice' is that you truly understand how to covert the results of surveys and questionnaires into an actionable longterm strategy measure providing a proactive strategy rather than a reactive response.



This is one of the best courses I have attended. [the trainer] was passionate about what he was talking about, very clear and knowledgeable.

# What to expect from the Programme

# **Senior Mental Health Training**

'Priorities: In Practice' has been awarded as a accredited DfE training provider, meaning if you are yet to spend your Senior Mental Health Lead training funding, you can allocate this to our advance package. For those who have attended training 'Priorities: In Practice' will enhance your ability to practically and successfully deliver improvements within your settings.

# **Two-day Training Course Dates**

	Day 1	Day 2
NOV	9 November	7 December
DEC	12 December	16 January
JAN	10 January	7 February
FEB	2 February	1 March
MAR	29 February	28 March
APR	16 April	14 May
MAY	8 May	5 June
JUN	4 June	2 July

# Long-Term Strategic Planning

'Priorities: In Practice' guides you through the process of creating and developing a comprehensive, five-year strategic plan. This plan is tailored to your institution's unique setting, ensuring that your approach to mental health is not just effective but sustainable.

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# **Measuring Your Success**

Our complete model for measuring outcomes empowers senior leadership teams to make informed decisions regarding budgets, ongoing professional development, and best practices. With 'Priorities: In Practice' you'll have the data you need to continually improve your mental health initiatives.

# **Action-Oriented Learning**

Our training and coaching programmes take school leaders and staff through a series of modules, ensuring that your priorities are not just identified but successfully embedded into practice. 'Priorities: In Practice' is about taking action and creating real, positive change.

# **Expert Guidance & Support**

Tap into the wisdom of experienced professionals who grasp the unique challenges of educational institutions. Join a vibrant community of like-minded educators, working together to enhance mental health in schools and colleges through shared experiences and collaborative solutions.

# **DfE Quality Assurance**

We adhere to the highest standards of quality and excellence in education. Your institution can trust that 'Priorities: In Practice' meets and exceeds industry benchmarks.



# **MHH Overview**



- Range of most popular surveys for pupils and staff
- Easy to navigate
- Assess wellbeing needs of whole school in under an hour
- Assign and manage interventions
- Create your own surveys to suit your setting



# **CPD Directory**

- Catalogue of training providers
- Free and paid CPD and webinars
- Sorting function for quick insights
- Peer reviews
- Evidenced based & best practice



### Intervention Library

- Save time and money
- Search interventions based on needs
- Reach outcomes quicker



### **Reports and Resources**

Keeping you up to date with statutory guidance

COMPLIMENTARY

**£**0

PER ANNUM

- Up to date industry reports
- Free and paid for resources
- Range of Key stage resources



### Learning Management System

- Maintain records staff CPD hours
- Navigate training content
- Enhance knowledge with self-learning

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### **Priorities: In Practice**

- Long term wellbeing Strategy
- Create targets against 8 key Principles as defined by DfE
- Assess progress and outcomes overtime
- Evidence a Pro Active Approach
- DfE Accredited Training Provider



# **Coaching and Supervision**

- Ongoing access to coaching in different topics
- Share valuable insights and best practice with like-minded professionals
- Book individual supervision to ensure staff wellbeing

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#### **PRIORITIES: IN PRACTICE**

**F999** + VAT **PER ANNUM** (DFE Accredited SMHL Training)

# How to claim your SMHL funding from DFE

As a DfE-assured provider, you could access up to £1,200 in funding for courses starting before March 31, 2024. Review DfE's eligibility criteria and follow these steps:

#### mentalhealthhub.com/smhl-apply-funding

- 1. Start by filling out the initial DfE grant application to secure your grant reservation. Enter code SMHL144.
- 2. Upon receiving a confirmation email from the DfE, proceed to enroll in your course and make the payment.
- 3. After booking, complete the second stage of the DfE grant application, including uploading your booking evidence.
- 4. Expect to receive DfE funding in the next quarterly payment cycle after submitting your booking evidence.



### Register your school in 3 easy steps:

- **1. Request Account** Schools must complete a form on the MHH website to initiate registration.
- 2. Review & Sign Agreement Upon approval by MHH, the school's authorised personnel will receive our agreement for review and signature.
- **3.** Set Up Account After signing the agreement, schools will receive login details to set up their MHH account.

See page 9, to learn more about securing your DfE Senior Mental Health Lead funding.

### **FREE Introductory Webinars**

Still curious about what Mental Health Hub offers? Book a FREE webinar to learn more before you register.

Tues	14 November	12.45–1.15pm	(Demo)
Wed	22 November	7.30-8.30pm	(Intro to MHH)
Wed	6 December	12.45–1.15pm	(Demo)
Mon	11 December	7.30-8.30pm	(Intro to MHH)
Wed	3 January	3–4pm	(Intro to MHH)

For full list please see mentalhealthhub.com for details and book yourself in.



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